

## Life Group Notes 2/08/2026 Mark Warren Break My Heart with What Breaks Yours—Week Five

No doctrine is a given unless it has been found in the Word given by the Holy Spirit and received by you. If you have observations or questions, feel free to send me an email with your comment or observations at [tbeachhead@comcast.net](mailto:tbeachhead@comcast.net). Thank you for taking the time.

— Pete Mehegan, the Scribe.

**Remember:** Be good to one another. Be sensitive and kind. Let God heal our heart and guide our discussions.

**Leaders:** *please pre-read these notes and choose the direction that is appropriate for your group. Scan the detailed questions that follow the AI-generated study questions, to see if you want to add any more detailed questions.*

Be cognizant of your group's time and be sensitive. *Some groups would like to dwell on a single idea. Let the Spirit be your guide. Never feel obligated to complete this study.*

**Note:** I have highlighted suggested discussion questions that Pastor Mark has raised this week, 2/8. Let's allow the Holy Spirit to guide all our discussions, using the highlights as trail blazes. ***The purpose is to minister to one another***

**Important:** At [the very end of these notes](#), I've included passages that were mentioned in this week's message for deeper study using SOAP journaling to help further your study during the week.

Footnotes are added to supply detail, and to enhance the study. Use at your discretion, and know any questions are welcomed. This week's footnotes cover:

1. [On “Awake, Oh Sleeper, and rise from the dead...”](#)
2. [On the sole imperative of the great commission.](#)

This format begins with a summary of the notes, followed by study questions. This week, notes in full detail can be found beginning on page 3:

### Section I: Summary

Here's "co-pilot's" AI summary of the Sermon Lifegroup Notes

The highlighted section emphasizes a call for spiritual awakening and active participation in God's work. The message begins with an exhortation to become spiritually aware, recognizing that God is stirring curiosity about Jesus and drawing people to seek deeper meaning in life. Believers are encouraged to be attentive, as God is intentionally placing people in their paths who need authentic representation of Christ.

The sermon reflects on the overarching theme of the series, which centers on aligning one's heart with God's heart—particularly His concern for the lost, the least, and the found. Through past teachings on the parables of the lost, the Good Samaritan, and care

for the vulnerable, the congregation is reminded that compassion and action flow out of a living relationship with Jesus, not mere obligation.

The focus then shifts to God's heart for "training the found." Spiritual stagnation is addressed as a barrier to kingdom growth, and believers are challenged to move beyond comfort or passive faith into intentional discipleship. Jesus' final instructions are presented as a mandate for multiplication through making disciples, not simply converts or church attendees. Discipleship is described as a process that includes baptism, teaching obedience, and living out faith in everyday life.

The message underscores that discipleship is relational, ongoing, and accessible to all believers, including new Christians. Spiritual maturity is framed not as the loss of curiosity or zeal, but as growth that leads to responsibility, reproduction, and obedience. Faith is meant to be passed on across generations, and healthy churches are characterized by multiplication rather than addition.

Finally, the section calls every believer to recognize their role in ministry, wherever they live and work. Church leaders are tasked with equipping others, but every Christian is responsible for participating in the mission. The passage concludes with a personal challenge to discern and take one's next step of obedience, accompanied by prayerful reflection and practical application.

## Section II: Study questions

### 60-Minute Group Study Questions

*Theme: Awakening, Discipleship, and Our Role in God's Mission*

#### Opening (5 minutes) — Awareness & Engagement

1. When you hear the phrase "spiritual awakening," what comes to mind personally?
2. Where have you noticed people around you becoming more curious about faith or meaning in life?

#### Section 1: Becoming Spiritually Aware (10 minutes)

3. What does it look like to be spiritually "awake" versus spiritually unaware?
4. Why do you think awareness is emphasized before action?
5. How might God be placing people in your path right now who need representation of Christ?
6. What distractions most often keep us from noticing what God is doing around us?

#### Section 2: Aligning Our Hearts with God's Heart (15 minutes)

7. The series highlights God's heart for the lost, the least, and the found. Which of these do you find easiest to engage with? Which is hardest? Why?
8. How does compassion naturally flow out of a relationship with Jesus rather than obligation?
9. What happens to our faith when action is separated from relationship?
10. Looking back on past weeks' themes (lost, least, found), what has challenged or stretched you most?
11. In what ways can busyness prevent us from responding to people God puts in our path?

**Section 3: Training the Found & Discipleship (15 minutes)**

12. What does spiritual stagnation look like in an individual or a church?
13. Why is discipleship described as multiplication rather than addition?
14. How is making disciples different from making converts or church attendees?
15. What elements of discipleship feel natural to you? Which feel intimidating?
16. Why do you think discipleship is described as relational and ongoing rather than a program?
17. How does spiritual maturity increase responsibility rather than reduce curiosity or zeal?

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**Section 4: Personal Responsibility & Next Steps (10 minutes)**

18. What does it mean that every believer has a role in ministry, regardless of title or position?
19. Where has God placed you (work, neighborhood, family, community) that could be your primary ministry context?
20. What might “intentional discipleship” look like in everyday life, not just church settings?
21. What is one practical way you could begin participating more actively in God’s mission?
22. What do you sense might be your next step of obedience?

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**Closing Reflection (5 minutes)**

23. What stood out most to you from tonight’s discussion?
24. How can this group support one another in moving from awareness to action?

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**Section III: Complete study notes**

Pastor opened with comments on the pre-message video that cited verses from Ephesians 5: [14](#) So it is said: “Wake up, O sleeper, rise up from the dead, and Christ will shine on you.” (See [footnote 1, below](#).) Pastor said, “Really this video is a prophetic call to become aware, saying to those who have been spiritually unaware, ‘It’s time to become aware. It is time to wake up.’ The Lord is stirring up a lot of people to become curious about Jesus. To become curious about there being more to life than what they have experienced.”

1. What have you noticed?
2. Do you have a testimony?

He continued, “God is taking the Body of Christ, His Bride, and He is saying to us, ‘Be aware. I want you to pay attention, because I am doing a new thing. I am bringing people into your life who need you to represent me.’”

1. What have you seen? Do you have a testimony?
2. How are you doing as His representative?

He reviewed this series, “Break my Heart for What Breaks Yours,” saying, “This whole series was based on the premise that if we begin to feel what God feels, and if we begin

to see as God sees, then our own life and call begin to take on greater meaning. God really has a heart for the lost." Then he reviewed the series:

- † The parables of the lost: Lost sheep, lost coin, lost son. We realized that this is God's heart. Lost people. God is sending us lost people to respond to. There are those who are realizing that what the world has to offer is just not sufficient. They are looking for someone who can tell them who is this Jesus.
- † Then we talked about the Good Samaritan. Realizing that there are times where we see a need, but we decide to pass by on the other side of the road, not having time to meet the needs in another's life. Here, Jesus was not just revealing our own tendencies, but He was asking us to notice and to stop, knowing there is value in our service to the needy. Life cannot be so busy that we will not allow ourselves to stop, and meet the needs of those on our path.
- † Then Victoria pointed out that our works are the fruit of being rooted in relationship with Jesus, so that our works become a reflection of His loving concern. Otherwise we will never have the power to do what He is calling us to do.
- † Finally, last week, we realized that true religion involves caring for the unseen people in our lives, the widows and the fatherless.

1. What stands out?

2. Looking back over the preceding weeks, what have you learned?

Pastor looks at today: "We are going to conclude by looking not only at God's heart for the lost, not only at His heart for the least of these...but we are going to see that He has a heart for training the found. His heart responds, when the "found" stall out. God's heart burns for them, because His desire is to see His kingdom multiply, and the only way this happens is through people like you and me, who, while being discipled, set out to make disciples. That is our call."

1. Summarize what you remember from the message.
2. Have you ever felt like you have stalled out?
3. Set in order according to whom God cares most for: 1) The lost. 2) The least. 3) The found. Explain your answer.
4. Pastor has been called to those who are in the last days of their lives, and he stated that he enjoys those moments, where he can ask, "What do you think are the most important issues in their lives?" Explain.
5. How do priorities change at life's end? Why is clarity more accessible in the last of our days?
6. Mark examines Jesus' last words to His disciples before He was withdrawn from them and returned to Heaven. Look up Matthew 28:<sup>18</sup>Then Jesus came to them and said, "All authority in heaven and on earth has been given to Me. <sup>19</sup>Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, <sup>20</sup>and teaching them to obey all that I have commanded you. And surely I am with you always, even to the end of the age." What do you see? Anything new?
7. In verse 19, what is the word "therefore" there for? This is a conclusion drawn from what basis?
8. What does Jesus' authority have to do with our delegated commission?
9. Is it possible to "go" without the authority Jesus delegated to us?

10. How does His presence always with us enable us to complete the task?
11. Discuss this: We CAN go and have authority TO go because He has all authority in heaven and on earth, and He is with us.
12. Is anything withheld from us?

So Mark opens the body of this message with these words: "Jesus' last words were about multiplication. Multiplication happens through discipleship. His last words were not, 'Be comfortable!' 'Be informed!' or 'Be entertained!' His last words were, "Make disciples." Not converts. Not church goers. Not consumers. "Make disciples."

1. What is the difference?
2. What is involved in "making disciples?" List the steps Jesus includes in the commission, above.
3. Have you ever baptized anyone?
4. Whom have you taught to obey everything the Lord has commanded you?
5. What do you think? Are we missing something here?
6. Have you ever been discipled in this way? Do you have a story to relate?

Pastor describes the relationships of discipleship on these terms, beginning with baptizing them. Then, "teach them everything I have commanded." He continued, "Sometimes I think people get paralyzed, saying, 'How do I make a disciple?'" He acknowledges, "If you haven't been baptized yourself, it is hard to imagine. But each of us should be in a lifestyle of discipleship where someone is speaking into your life, teaching you how to follow Jesus, and then you should be doing the same to others."

1. What are your thoughts?
2. What if you are a new Christian? What can you offer?
3. Who has more fun things to talk about? A new Christian? Or an old, experienced one? Explain.
4. Whose curiosity is more active? The new Christian? Or the experienced one? Explain.
5. Do years of experience increase curiosity and zeal? Or diminish curiosity and zeal? Explain.
6. Does maturity extinguish curiosity and zeal? Explain?
7. Explain how, as a child, maturity eventually ends the need for diapers. Why does this matter?
8. What does a child go on to become?
9. Pastor listed the stages of "potty training" in discipleship: "This is how we follow Jesus. This is how we read our Bible. This is how we pray. This is how we hear God's voice. This is how we see the Kingdom of God manifest itself on earth as it is in heaven as Jesus taught us to pray." Do you remember these stages?
10. Are there other stages Pastor Mark missed?
11. How important has the voice of others been in your own training to learn His ways? Mark says, "We have to go from 'I believe,' to 'I follow.' ...from 'I attend,' to 'I obey.' ...from 'I'm saved,' to 'I am sent.'" He continues, "Belief is a great first step, but belief must turn into the decision to follow. Attending church is phenomenal, but it must become that decision to obey at whatever the cost. Being saved is the basis and the beginning of the decision of the disciple that says, 'I'm being sent back out into the world. My heart now beats for the lost and the least' ...and eventually, 'I must now train the found.'"

1. Discuss the stages Mark outlines here.
2. Mark says, "Faith was always meant to be passed on." Then he asks, "How often have you passed your faith on to someone else?"
3. He then says, "Here in NH, you don't have to look very far to find someone who wants to hear about Jesus." Is that true?
4. Have the tides shifted? Explain. Have numbers of conversations increased with you and in your experience?

† **Faith was always meant to be passed on.**

1. Look up 2 Timothy 2:<sup>1</sup>*You therefore, my child, be strong in the grace that is in Christ Jesus. 2And the things that you have heard me say among many witnesses, entrust these to faithful men who will be qualified to teach others as well.* What do you see?
2. What will Timothy look like, if he is strong in the grace that is in Christ Jesus. What will change?
3. How many generations of believers are involved in verse two?
4. Why does this vision of the spread of the gospel never stop at the immediate generation, but instead always targets the generations to come?
5. How many generations were included in God's blessings on Abraham? Explain how this has always been God's methodology.
6. Pastor says, "Healthy churches don't just add people. They multiply disciples." Explain how multiplying disciples grows a church.

† **Teaching the found also means calling people to obedience.**

1. How important is baptism?
2. Why does baptism begin the journey?
3. Pastor lists three things water baptism does:
  - a. It identifies with Jesus in His death and resurrection. You go under and arise to newness of life in symbolic representation of your own death, burial and resurrection. We die to our old self. Baptism makes it real, and the church family who witnesses with you your own decision becomes your new family.
  - b. It makes our faith public. Jesus Himself was baptized publicly, by His cousin John, to "...fulfill all righteousness." It says, "I have surrendered and I want people to know."

Pastor paused to answer common questions about baptism:

1. What about infant baptism? To have been baptized as a baby represents a meaningful moment of faith between you as an infant, and the promise and prayers of your parents. In the New Testament, baptism always follows a personal profession of faith. In a believer's baptism as older, fully cognizant believers you have made the choice to imitate the New Testament example set by the apostles throughout the gospels and the book of Acts. Pastor says, "It is not re-doing something, but it is owning your own thing." The memory becomes yours, your possession and unforgettable.
2. What about "needing to be baptized again..." because of personal failure? Do you need to get baptized again? Pastor's answer: "No you don't. If you have wandered away from the faith after your baptism, you need a recommitment, a rededication. You do not need another baptism." With baptism you have identified your own flesh

with the death, burial and rededication of Christ. You need to go back to that moment you walked up from the waters of the resurrection, and begin to walk again. The ceremony makes a powerful statement.

### † Everyone has a role in training the found.

Pastor says, "I cannot go where you go, to your place of work or your home. You are the representative of Jesus wherever He has sent you. Jesus is saying, "You're there. Make disciples." Kids are forming Bible studies out of curiosity. They're really trying to discover things on their own. How important is it that experienced believers be able to share where these groups are meeting.

1. Have you heard of this?
2. Do you feel the call on you at your place of work?
3. What thoughts occur to you, hearing this?

Look up Ephesians 4:<sup>11</sup>*And it was He who gave some to be apostles, some to be prophets, some to be evangelists, and some to be pastors and teachers, <sup>12</sup>to equip the saints for works of ministry and to build up the body of Christ, <sup>13</sup>until we all reach unity in the faith and in the knowledge of the Son of God, as we mature to the full measure of the stature of Christ.* Read it again.

1. What do the apostles, prophets, pastors, teachers and evangelists each do?
2. Can you identify each of these ministers? What are they training others to do?
3. What does it mean to "equip the saints for works of the ministry?"
4. What will you eventually be training others to do?
5. Who is going to replace the apostles, prophets, pastors, teachers and evangelists who are working today?
6. How are they receiving their training?
7. The Pastor says, "Our job is to equip you so you can do it..." Do what, exactly?
8. How does a pastor become a pastor? How does a prophet become a prophet?
9. Discuss this principle: "The well-equipped equip others well." How do the poorly equipped do?
10. What are necessary steps to becoming well-equipped?
11. Pastor says, "It really only means inviting your neighbor to go on this journey with you." Discuss this. Is it this easy?

### † What is your next step of obedience?

Pastor asks, "What is your next step?" Answer him. Write down your thoughts as they come to mind.

**Take the time to pray.**

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### Follow up application:

1. Use the **Soap study below** to pursue your own understanding.
2. Write down your next steps in your discipleship journey.
3. Take the first step.
4. If it's getting baptized, take the next steps to get ready for next week.

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**Footnotes:**

1. **On “Awake, Oh Sleeper, and rise from the dead...”**—In Ephesians 5, we see Paul quoting something that he says is written. The church has no record of any such verses written. The current thought is that Paul is quoting an ancient hymn, commonly sung in Ephesus. This is one of those serendipitous passages that allows us insights into the life of the primitive church in its first generations. The song evokes the glorious first verses of Isaiah 60:*1Arise, shine, for your light has come, and the glory of the LORD rises upon you. 2For behold, darkness covers the earth, and thick darkness is over the peoples; but the LORD will rise upon you, and His glory will appear over you. 3Nations will come to your light, and kings to the brightness of your dawn.* Imagine what happens when the church comes alive to this degree!
2. **On the imperative of the Great Commission**—This has been said in these footnotes before, but it bears repeating. There is only one imperative in the Great Commission issued by Jesus in Matthew 28. As seen above, He is quoted as saying, *“All authority in heaven and on earth has been given to Me. 19Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, 20and teaching them to obey all that I have commanded you. And surely I am with you always, even to the end of the age.”* In the English, “go” and “make” are in the imperative mood, translated as commands. In the actual Greek, “go” is not a command, but a present participle, an expression of the state of an action. Jesus doesn’t have to tell us to “go,” because we are already going, like it or not. We are on our way into all the world. The verb can be translated, “As you are going (as you are on your way) into all the world [wherever you go], MAKE disciples, baptizing and teaching them.” The going is not a choice we make. We’re in the world and on our way...and on our way, we have a job to do with our neighbor, because God is keenly interested in our neighbors’ well-being.

**For further study:**

Take a moment each day this week to apply the **SOAP method** (Scripture—Copy the scripture. / Observation—Write what you see. /Application—Write what God is saying. /Prayer—Write what your response is.) to some of the scripture we looked at this week:

Monday: Ephesians 5:11-14  
 Tuesday: Isaiah 60:1-2  
 Wednesday: Isaiah 60:3-5  
 Thursday: Matthew 28:18-20  
 Friday: 2 Timothy 2:1-2  
 Saturday: Ephesians 4:11-13  
 Sunday: Ephesians 5:15-17

Once again, some passages suggested here have more than the usual number of verses. This is not to increase the burden but to provide clarity of context. Pick the verses that speak to you most clearly, and run these through the SOAP steps.