



**Ice Breaker-** If you lived in a place without electricity, what would be the thing you would miss the most?

December 14, 2008

**Read Philippians 4:6-7** What stands out most to you about this section of Scripture?

**Shalom is one of the most used expressions in the Bible. It is a greeting of “Peace”.**  
**In what ways do you personally need to be greeted with Shalom right now?**

We often think of Christmas as a time of true peace. In what way was the first Christmas really peaceful? How about how it was not peaceful?

How do we “entertain” worry? Is there a common pattern that causes you to become anxious?

How can we truly not be anxious about anything? Is there a formula or a simple way to get there? (Ask for folks in your cell to share another Scripture that speaks of God’s peace)

**Pray-** For Shalom- a life without anxiety.

**Vision-** “raise up a body of believers”- filled with His peace which is totally different from natural peace.

**FYF needs:** parking (new parking lot- yea!), resource table, children’s workers.